

ESSENTIAL OILS
PROPERTY DEFINITIONS

PROPERTY	DEFINITION
Analgesic	An analgesic or painkiller is used for pain relief. Analgesics act in various ways on the peripheral and central nervous systems.
Anti Allergenic	Counters allergic reactions.
Antibacterial / biotic	Used in the treatment of bacterial infections.
Antidepressant	Antidepressants are used for the treatment of major depressive disorders and other conditions, including anxiety, obsessive compulsive disorder, eating disorders, chronic pain, neuropathic pain and, in some cases, dysmenorrhoea, snoring, migraine, attention deficit hyperactivity disorder (ADHD), addiction, dependence, and sleep disorders.
Antifungal	Used to treat and prevent mycoses such as athlete's foot, ringworm, candidiasis (thrush), serious systemic infections such as cryptococcal meningitis, and others.
Anti-infective	Inhibits the spread of infection either by inhibiting the spread of an infectious agent or by killing the infectious agent outright.
Anti-inflammatory	Used to reduce inflammation.
Antimicrobial	Kills or prevents further growth of microbes.
Antioxidant	Inhibits the oxidation of other molecules.
Antiparasitic	Destroys parasites.
Antiseptic	An antimicrobial substance that is applied to living tissue/skin to reduce the possibility of infection, sepsis, or putrefaction.
Antispasmodic	Relieves involuntary muscle spasms.
Aphrodisiac	Stimulates sexual desire.
Astringent	Used to shrink or constrict body tissues.
Calmative	Sedative.
Carminative	Prevents formation of gas in the gastrointestinal tract or facilitate the expulsion of said gas, thereby combatting flatulence.
Cicatrizant	Promotes healing through the formation of scar tissue.
Decongestant	Used to relieve nasal congestion in the upper respiratory tract.
Deodorant	Removes or conceals unpleasant smells, especially body odors.
Digestive	Aids or promotes the digestion of food.
Diuretic	Causes increased passing of urine.
Emmenagogue	Promotes menstrual discharge. Abortive. Possible contraindications for pregnancy.
Expectorant	Signals the body to increase hydration of secretions resulting in more yet clearer secretions and as a byproduct lubricating the irritated respiratory tract. Usually increases the productivity of coughing.
Febrifuge	Used to reduce fever.
Immunostimulant	Builds resistant to disease.
Hormonal	Affects the body's hormones.
Rubefacient	Causes dilation of the capillaries and an increase in blood circulation. Produces a redness of the skin
Stimulant	A substance that raises levels of physiological or nerve activity in the body.
Tonic	Provides a feeling of vigour or well-being.
Vulnerary	Used in the healing of wounds.